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Aikido (Japanese: **合気道**, Hepburn: aikidō) [aiikiœœdo] is a modern Japanese martial art developed by Morihei Ueshiba as a synthesis of his martial studies, philosophy, and religious beliefs. Ueshiba's goal was to create an art that practitioners could use to defend themselves while also protecting their attacker from injury. Aikido is often translated as "the way of unifying (with) life ...

Aikido - Wikipedia

The New York Aikikai was established in 1962 with the help of the founder of Aikido, Morihei Ueshiba (O Sensei), to teach traditional Aikido.

New York Aikikai Instructors

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Die Ausführung der Techniken im Aikido basieren auf Bewegungen des Schwert- und Stockkampfes. In ihrer Ursprünglichkeit lassen sich alle Techniken des Aikido auf Schneide-, Blockade- und Hebelbewegung mit dem Schwert (Bokken), bzw. dem Stock (Jō) zurückzuführen.

Aikido - Wikipedia

History. The origins of Daitō-ryū maintain a supposed lineage extending approximately 900 years, originating with Shinra Saburō Minamoto no Yoshimitsu (c. 1045–1127), who was a Minamoto clan samurai and member of the Seiwa Genji (the branch of the Minamoto family descended from the 56th imperial ruler of Japan, Emperor Seiwa).

Daitō-ryū Aiki-jūjutsu - Wikipedia

Martial Arts, combat and contact sports and self defense site. Books, DVD and videos on download. Free online magazine martial arts Budo International

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合気道 - Wikipedia

Tai-Chi for Geniuses. A Practice Companion for the Genius in Everyone. By Gene Burnett, Ashland, Oregon. Bloomington, Indiana, IUniverse Inc, 2009. 284 pages. EBook ...

Tai Chi Chuan (Taijiquan): Bibliography, Links, Resources

This may be an embellished story of the creation of jūjutsu, as the oral tradition of Shintō Musō-ryū is the only mention of this second duel, or for that matter, a person defeating Musashi in combat.

Cane Exercises and Self-Defense: Guides, Bibliography

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